

# Need A Hand Equestrian Program: Lesson Policy and Barn Rules

## General Rules

1. **No Dogs Allowed:** No dogs are permitted at Need A Hand or at any team events or shows.
2. **Respect:** All students and patrons must respect barn rules and treat each person with respect and kindness. Disrespect, rudeness, vulgarity, or disruptive behavior will not be tolerated and may result in being asked to leave the facility.
3. **Supervision:** No riders under the age of 15 may ride alone without parental supervision, a guardian present, or a trainer.

## Attire

### 1. Riding Attire:

- Riders must wear jeans, breeches, or half chaps. No riding in shorts, cutoffs, or short pants.
  - Riding boots with a heel must be worn at all times. No sandals, tennis shoes, or flip-flops are allowed when handling horses. Tennis shoes may be worn in the barn area but not while handling horses.
  - Riders must wear a shirt with a collar. No spaghetti strap shirts, low-cut tops, or tank tops. Shoulders, cleavage, and midsection must be covered.
2. **Helmet Policy:** Riders under the age of 18 must wear a helmet when mounted or ground handling a horse.
  3. **Personal Helmets:** All students must provide their own riding helmet due to insurance policies. Helmets can be purchased locally or online, with adjustable helmets priced around \$40-50 recommended. Replace helmets after a fall or if dropped to ensure safety.
  4. **Collared Shirts:** All students must wear a collared shirt with sleeves (short or long) during lessons. Our barn store offers Team NAH polos and other gear.

## Safety and Facility Use

1. **Gates and Doors:** Always keep every gate closed. Turn off all lights when leaving the barn and keep the front door closed.
2. **Tack and Equipment:**
  - Clean and store all tack properly after each ride.
  - Only use grooming tools, halters, leads, and tack assigned to each specific horse. Ask barn management if a horse does not have assigned supplies.
3. **Cooling Down Horses:** After riding, every horse needs to be cooled down, groomed properly, have feet picked, and water bucket refilled.
4. **Tying Horses:** Only tie horses in designated grooming areas and tie areas by the outdoor round pen. Do not tie horses to stalls, doors, or in the hallway. If no tie area is available, have someone hold your horse.
5. **Supervised Riding:** Riders should arrive at the barn 15–20 minutes before their lesson to groom and tack up their horse if they are confident enough to handle the horse with minimal supervision. Parents may drop off riders no more than 30 minutes before their lesson and should pick them up promptly at the end of the lesson.

## Cleanliness and Maintenance

### 1. Clean Up:

- Clean up after your horse and yourself immediately. There are trash containers, shovels, brooms, and muck buckets available for disposal.
- Do not leave manure in wheelbarrows. Dump full muck buckets at the manure pile or in the manure spreader.
- Manure disposal area is for manure only. Dispose of hay strings, paper, water bottles, or trash in garbage cans.

2. **Lights and Gates:** Turn off the lights in the arena if you are the last person riding. Always keep every gate closed.

### Other Rules

1. **Lesson Cancellations:** A 24-hour cancellation notice is required to avoid being charged for a scheduled lesson. No exceptions. Cancellations can be managed through the Riding Portal. You will receive an email notification for weather-related cancellations. If you have signed up for Remind text notifications, a text will also be sent.
2. **Parent Involvement:** Parents are encouraged to be involved but should wait in their car or ringside until their child is riding to avoid congestion in the grooming and tacking area. Our Pit Crew will assist riders with grooming and tacking needs.
3. **Restricted Areas:** Do not play on/in shavings, hay, or in the hay storage area. No climbing on gates, fences, or equipment.
4. **Treats for Horses:** Do not give treats to horses other than your own unless approved by the owner.
5. **Unattended Horses:** Do not leave your horse unattended in any area, including the riding arena or grooming areas.
6. **Guest Riders:** Only the owner of the horse may ride the horse. If another person wishes to ride, notify the office and have the additional rider fill out a release of liability form. Leave a note on file allowing permission for the additional rider. Minors need a note from a parent/guardian granting permission.
7. **Open-Toed Shoes:** No open-toed shoes are allowed past the front door. This applies to parents, riders, siblings, or any guests. Riders must have proper riding boots with a heel. No rubber boots or dress boots.

### Contact Information

For any questions or concerns, please contact Courtney Smith at:

- **Email:** CourtneySmith8386@gmail.com
- **Text/Call:** 423-309-8386

Thank you for adhering to our barn rules and ensuring a safe and respectful environment for all.

# Lesson Policy for Need A Hand Horse Training

## Program Overview

We have transitioned to a semester-based program to ensure consistency and progression for our students. Lessons are now booked via riding courses tailored to individual riding levels. This approach allows us to streamline our teaching and maintain each student's lesson spot for the entire semester.

## Semester Schedule

- **Fall:** August 19 - December 19
- **Spring:** January 6 - May 16
- **Summer:** June 1 - July 31 (Limited schedule due to camps and shows)

## Registration and Scheduling

All lessons must be booked through our Riding Portal on EC Pro US. Please create an account via the Riding Portal on our website at [www.NeedAHandHorseTraining.com](http://www.NeedAHandHorseTraining.com) on the Riding Program page. A video tutorial is available to assist with scheduling.

**Booking Courses:** <https://youtu.be/n6he620QsHY>

**Booking Private Lessons:** <https://www.youtube.com/watch?v=l4qICh8aJwg>

## Lesson Options

1. **Course Bookings**
  - Non-refundable and reserve your spot for the entire semester.
  - Monthly make-up lessons are available for missed sessions.
  - Free additional classroom lesson each month (must be reserved in advance).
2. **Private Lessons**
  - Offered in 30-minute or 60-minute sessions.
  - Suitable for new students, evaluations, horse owners, and current students.
  - 24-hour cancellation policy to receive a credit back to the rider's account.
  - Booked via the Riding Portal.
3. **Group Lessons**
  - Limited availability for single-lesson bookings.
  - Listed under group lessons when available.

## Payment and Cancellation Policy

- A 24-hour cancellation notice is required to receive a lesson credit added to your account.
- Cancellations can be managed through the Riding Portal.

## Lesson Fees

- **Private Lessons:**
  - \$90 per hour
  - \$45 per half-hour

- **Group Lessons:**
  - \$45 per hour

### **Stay Connected**

- **EC Pro US App:** Download to receive lesson notifications and easily access your account.
- **Remind Text Notifications:** Text @NAHBarn to 81010 for lesson cancellation updates.
- **Facebook Page:** Like our page for the latest news and events at [Need A Hand Horse Training Facebook Page](#).

### **Contact Information**

- **Courtney Smith**
  - Email: CourtneySmith8386@gmail.com
  - Text/Call: 423-309-8386

For upcoming events, please refer to our Calendar available on our Homepage at [www.NeedAHandHorseTraining.com](http://www.NeedAHandHorseTraining.com).

## **Weather Policy**

At Need A Hand Horse Training, we prioritize the safety of our students and horses. To minimize cancellations, we offer ground and classroom lessons when riding conditions are unsafe due to weather or footing in the arenas.

### **Notification of Cancellations**

- **Email Notification:** You will receive an email notification at the address provided in your account.
- **Text Notification:** If you are signed up for our Remind text notifications, a text will also be sent.

### **Conditions for Cancellations**

Lessons may be canceled due to:

- Severe weather conditions
- Temperatures below freezing
- Heat index above 100°F

We strive to provide timely updates and ensure that all students and parents are informed of any changes to the lesson schedule.